



TrainSkills

TRANSFORM AND PERFORM

Compliance Series

FIRST AID LEVEL ONE - ACCREDITED

 2 Days

 On/Off Site

About the Course:

The Department of Labour requires the appointment of first aiders where more than 10 workers are employed at a workplace. The employer is required to provide first aid training. Our first aid training course will provide candidates the necessary skills to respond to a workplace emergency and teach them how to perform basic life support and first aid in emergencies. Learners will cover theoretical knowledge and will have to perform practical skills.

Upon completion of this course, participants are better prepared to:

- Principles and First Aid and Safety
- Basic Anatomy and Physiology
- Emergency Scene Management
- Cardio-Pulmonary Resuscitation
- Choking and Airway Obstruction
- Assessment of a Patient
- Injury Emergencies
- Dressing and Bandaging
- Burns
- Shock
- Head and Spinal Injuries
- Heart Attacks
- Strokes
- Unconsciousness and Fainting
- Convulsions and Epilepsy

Certification:

- First Aid Level One
(Subject to completion of an assessment)
- Valid for 3 (Three) years.

Aligned to Unit Standard 116534 at NQF L3

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 www.trainskills.co.za